

16 Question Strips

COOKING

HEALTHY BODY HEALTHY MINDS” PROJECT NR. 2020-1-EL01-KA229-078955

- Can you cook well? Why? / Why not?
- What are some things that you know how to cook well?
- Why do people cook food?
- Do you know anyone who can't cook? If 'yes', who?
- Is cooking a dangerous activity? If 'yes', how?
- Describe how to boil an egg.
- Describe how to make a cup of tea.
- Why don't animals cook their food?
- Would you like to work as a chef in a restaurant?
- Did you cook anything yesterday? If 'yes', what?
- Is cooking easy? Why? / Why not?
- Are you going to cook after class? Why? / Why not?
- Is cooked food better than raw food? Why? / Why not?
- How often do you use a microwave oven?
- How was cooking different 100 years ago?
- How will cooking be different 100 years in the future?

Aim Speaking Practice

Level Intermediate to Advanced

- **As a Seated Activity**

Have your students seated in pairs or in groups of three.

Lay the sixteen cut-up questions – face-down – between the students.

Students take turns randomly selecting questions to ask their partner(s). Encourage follow-up questions.

Be sure to set a time frame for your students (try starting with 10 – 15 minutes for 16 questions; you may want to adjust this in later classes). Monitor and assist.

- **As a Standing Activity 1**

Have all your students stand up.

Give one question strip to each student.

Students find a partner and ask their question. Encourage follow-up questions.

After the students have asked each other their questions, have them exchange question strips and find new partners and continue.

Set a time frame as above. Monitor and assist.

- **As a Standing Activity 2**

This activity runs exactly the same as in 'Standing Activity 1' except that students first have about a minute to memorize their question (before placing it in their pocket – it can be used as a prompt if needed).

After each short conversation, students 'mentally exchange' their questions – they must help each other memorize their new questions before setting off to find a new partner.

This activity version is a little challenging, but also lots of fun – and it's great to see all the learning that takes place!

Set a time frame as above. Monitor and assist.



16 Question Strips

DAILY ACTIVITIES

HEALTHY BODY HEALTHY MINDS" PROJECT NR. 2020-1-EL01-KA229-078955

- What time do you usually go to bed at night? Why?
- What time do you usually get up in the morning? Why?
- What do you often eat for breakfast? Why?
- What time do you usually arrive at school or work?
- What do you usually eat for lunch? Why?
- Where do you usually eat lunch?
- What time do you usually get home from school or work?
- About how many hours of TV do you watch TV every day?
- What is your favorite TV show?
- About how many hours are you on-line every day?
- What is your favorite website?
- Can you cook? How often do you cook? Can you cook well?
- Tell me about your best friend. How often do you see him/her?
- What time do you usually eat dinner?
- What hobbies do you have?
- What time do you usually go to bed at night?

Aim Speaking Practice

Level Intermediate to Advanced

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- **As a Standing Activity 1**

Have all your students stand up.

Give one question strip to each student.

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After the students have asked each other their questions, have them exchange question strips and find new partners and continue.

Set a time frame as above. Monitor and assist.

- **As a Standing Activity 2**

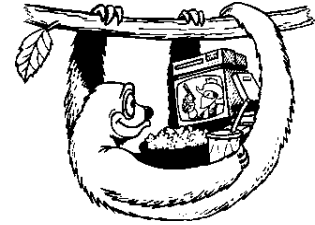
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Set a time frame as above. Monitor and assist.

Opinions about *leisure activities*



Qs:

1. Do you have very much free time?
 2. What do you like to do in your free time?
-

- Now, read the sentences below. Circle the numbers that best express your opinions.
- Then, compare your answers with your classmates. Give reasons.

Computer games are fun.	1	2	3	4	5
Everyone should take a two-hour nap in the afternoon.	1	2	3	4	5
People can't really enjoy their free time if they don't have much money.	1	2	3	4	5
Swimming is dangerous.	1	2	3	4	5
Going for a walk is the best kind of exercise.	1	2	3	4	5
Reading is the best way to spend your free time because it can make you smarter.	1	2	3	4	5
Watching TV is a waste of time.	1	2	3	4	5
Everyone should have a hobby.	1	2	3	4	5
Doing exercise or playing sports is the best way to spend your free time because it can make you healthier.	1	2	3	4	5
Surfing the Net makes people more intelligent.	1	2	3	4	5
Going for a drive is boring.	1	2	3	4	5
Most people have a lot of free time.	1	2	3	4	5

POSSIBLE ANSWERS

5 I agree completely
 4 I mostly agree
 3 I'm not sure
 2 I mostly disagree
 1 I disagree completely




NAME: _____

DATE: _____

Find Someone Who ...

Do you like to read in your free time?

LEISURE ACTIVITIES

	CLASSMATE'S NAME	Who...? What...? Where...?	ADDITIONAL INFORMATION	When...? Why...? How...?
... likes to read in their free time.				
... was bored last weekend.				
... goes on-line more than 5 hours each day.				
... has too much free time.				
... went to a movie theater last weekend.				
... is too busy to have any fun.				
... watches TV every day.				

Do you ...?

Did you ...?

Are you ...?

Were you ...?

Yes, I do.
No, I don't.

Yes, I did.
No, I didn't.

Yes, I am.
No, I'm not.

Yes, I was.
No, I wasn't.

FIND SOMEONE WHO

Leisure Activities

Aim Speaking practice; Grammar practice (forming 'Yes'/'No' questions)
Level Elementary to Intermediate

ACTIVITY NOTES

Lead-in

Lead-in to this activity with a quick review of 'Yes/No' questions with verbs ('Do' and 'Did') and 'be' verbs ('Are' and 'Were') – both present and past forms.

- Do/Did you + verb
- Are/Were you + noun/adjective/preposition (with place)

'FIND SOMEONE WHO' Activity – Version 1

Distribute one activity handout to each learner. Have your students stand and find different classmates to interview. When a classmate answers 'Yes', the interviewer should write the classmate's name and ask for and record additional information. For example:

- A. Do you like to read in your free time?
- B. Yes, I do.
- A. (writes classmate's name in the box) What do you like to read?
- B. I like to read newspapers.
- A. (writes this information in the box)

When a classmate answers with 'No', the interviewer should leave the box empty. Another classmate may later answer 'Yes' for this question.

IMPORTANT: Be sure to *model* this activity with a student. Consider using the board to write a similar conversation as above.

'FIND SOMEONE WHO' Activity – Version 2

Although not the 'traditional' *Find Someone Who* activity procedure, I find this second version more interesting and easier to manage in class.

In this version, students are allowed to ask one classmate one question (excluding follow-up questions) – and the answer, no matter 'Yes' or 'No', is written in the box. After a mutual interview exchange, students can move on to find another classmate to speak with.

'Version 2' guarantees that every box can be filled, and that students will not stick with just one classmate in an attempt to find a 'Yes' answer.

Wrap-up

Wrap-up either version by having your learners sit down in pairs or groups of three and share the information they collected. Finally, elicit any especially interesting information your learners may have discovered.

VOCABULARY BUILDING

Name: _____

Date: _____

LEISURE ACTIVITIES

- Use a dictionary to help you complete the chart below. All of the words must begin with the letter of the alphabet given. Some letters may have many different answers, while others may not have an answer.

A _____

N _____

B _____

O _____

C computer game

P _____

D _____

Q _____

E _____

R _____

F _____

S _____

G _____

T _____

H _____

U _____

I _____

V _____

J _____

W _____

K _____

X _____

L _____

Y _____

M _____

Z _____

NAME: _____

DATE: _____

QUIZ: FOOD and DRINKS

- Answer these fourteen questions to score your vocabulary knowledge.

- 1. What do many people like to put on 'bread'?**
 - a) butter
 - b) pie
 - c) rice
 - d) spice
- 2. What do many people like to have for 'dessert'?**
 - a) broccoli
 - b) a cookie
 - c) a lemon
 - d) a potato
- 3. When do most people like to eat cereal?**
 - a) during breakfast
 - b) during lunch
 - c) during dinner
 - d) none of the above
- 4. What do many people like to put 'ketchup' on?**
 - a) French fries
 - b) hamburgers
 - c) hot dogs
 - d) all of the above
- 5. What do people usually use to make a 'hamburger'?**
 - a) fish
 - b) ham
 - c) beef
 - d) chicken
- 6. Which of the following does NOT come from a cow?**
 - a) butter
 - b) cheese
 - c) honey
 - d) ice-cream
- 7. Complete this sentence: A 'pear' is a kind of...."**
 - a) meat
 - b) fish
 - c) fruit
 - d) vegetable
- 8. Which of the following do many people like to put on a 'sandwich'?**
 - a) grapes
 - b) lettuce
 - c) a peach
 - d) a pineapple
- 9. Which of the following should you cook before you eat it?**
 - a) candy
 - b) honey
 - c) lettuce
 - d) pizza
- 10. 'Pepper' is usually black. What color is 'salt'?**
 - a) white
 - b) yellow
 - c) green
 - d) black
- 11. Complete this sentence: "Spaghetti is a kind of...."**
 - a) pasta
 - b) salad
 - c) sandwich
 - d) soup
- 12. Which of the following can a person NOT drink?**
 - a) coffee
 - b) milk
 - c) orange juice
 - d) watermelon
- 13. Complete this sentence: "Steak is a kind of...."**
 - a) fruit
 - b) fish
 - c) meat
 - d) vegetable
- 14. What do many people like to put in their 'tea'?**
 - a) chocolate
 - b) mustard
 - c) sugar
 - d) salt

13 – 14 = Excellent

11 – 12 = Good

9 – 10 = Study More!

VOCABULARY QUIZ

Food & Drinks

Aims Vocabulary practice; self-assessment, or formal assessment

Level Intermediate

Time Approximately 10 minutes

ANSWER KEY

My Notes

- | | |
|------|-------|
| 1. A | 8. B |
| 2. B | 9. D |
| 3. A | 10. A |
| 4. D | 11. A |
| 5. C | 12. D |
| 6. C | 13. C |
| 7. D | 14. C |

Grades as percentages

- 14 / 14 = 100 %
- 13 / 14 = 93
- 12 / 14 = 86
- 11 / 14 = 79
- 10 / 14 = 71
- 9 / 14 = 64
- 8 / 14 = 57
- 7 / 14 = 50
- 6 / 14 = 43
- 5 / 14 = 36
- 4 / 14 = 29
- 3 / 14 = 21
- 2 / 14 = 14
- 1 / 14 = 7
- 0 / 14 = 0 %

SPOT THE DIFFERENCES

"COOKING"

- Find all eight differences in the pictures.



Aim Speaking practice

Level Elementary to Advanced

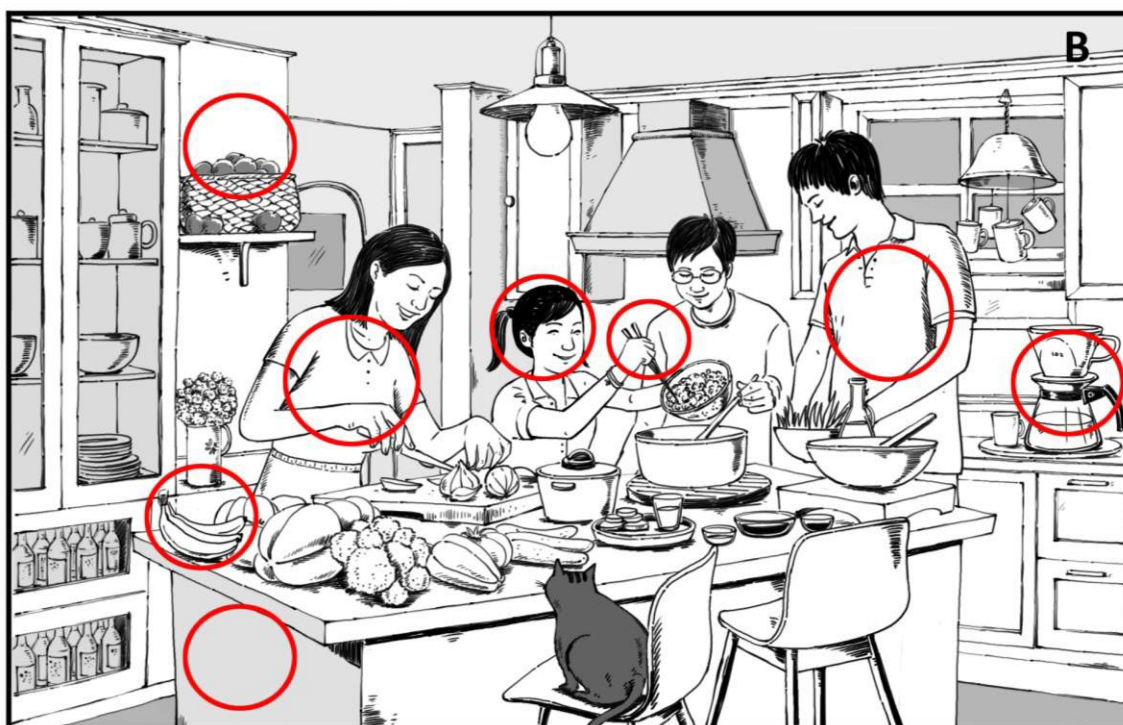
Time Approximately 15 – 20 minutes

ACTIVITY NOTES

Have your students sit in pairs, preferably face to face. Distribute the handouts, “A” to one student in the pair, and “B” to the other. Tell them not to look at each other’s handout. Instead, they carefully describe their picture to their partner. Tell them that there are eight differences they must find and that they have only fifteen minutes to find them. After the allotted time has passed, elicit all the eight differences from your students.

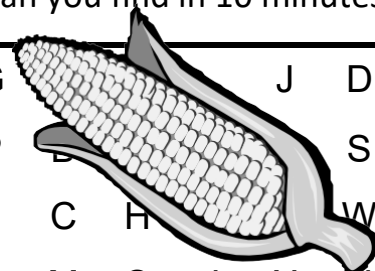
(15 – 20 minutes)









ANSWER KEY

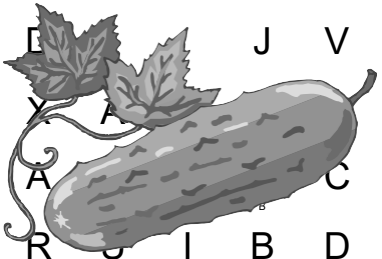


Word Search

■ Scan the letters below. How many words can you find in 10 minutes?



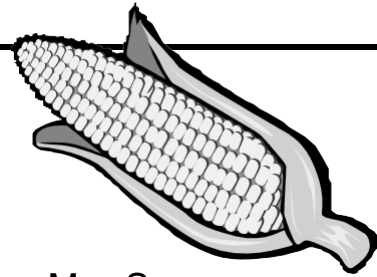
S	E	G	K	B	A	N	N	L	E	W	G	J	D	O					
M	O	R	A	N	G	E	H	T	D	E	P	S	Q						
A	V	A	C	G	K	E	A	V	E	K	L	C	H	W	A				
E	R	E	E	F	M	U	S	H	R	O	O	M	S	J	X	U	M		
G	R	E	H	K	L	E	O	P	B	R	E	N	X	B	Y	C	S		
S	W	S	O	A	<div data-bbox="491 593 1098 1684" data-label="Complex-Block"> <p style="text-align: center;">Fruits and Vegetables</p> <p style="text-align: center;">Below are pictures of 10 kinds of fruits and vegetables.</p> <p style="text-align: center;">10 words ... 10 minutes!</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> <div style="text-align: center;"></div> </div> </div>										E	C	A	H	S
A	C	N	R	V											R	R	G	E	U
W	A	O	M	G											J	I	E	R	O
A	P	I	B	E											L	E	F	R	P
T	L	N	L	A											U	N	K	I	T
E	R	O	V	X											C	A	A	E	R
R	I	S	A	V											U	Q	U	S	E
M	L	A	N	H											C	K	E	B	M
E	D	C	S	Y											U	Z	E	H	A
L	O	G	E	O											M	E	R	T	R
O	N	T	H	O	B	A	Y	H	B										
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T	O	M	I	E	R	D	G	E	E										
D	O	B	D	Q	A	Y	I	R	B										
Y	E	B	A	U	D	D	S	A	X										
W	L	O	R	G	U	V	N	E	E										
V	E	W	E	H	V	R	Y	E	M	S	M	Y	U	A	C	H	H		
V	E	J	V	C	K	L	A	C	E	T	N	I	P	E	N				
P	A	S	C	E	H	W	E	A	G	U	U	I	R						
O	A	C	V	P	N	Y	Q	S	U	A	X	K	Y	O					
F	R	I	B	D	S	E	S	H	I	E	H	B	N	Y	T	C			



■ Can you think of 10 more fruits and vegetables?

Word Search

ANSWERS



O R A N G E

M U S H R O O M S

W
A
T
E
R
M
E
L
O
N

S
N
O
I
N
O

S
E
H
S
I
D
A
R

Fruits and Vegetables

Below are pictures of 8 kinds of fruits and vegetables.

10 words ...10 minutes!

C
H
E
R
R
I
E
S

C
U
C
U
M
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R

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E

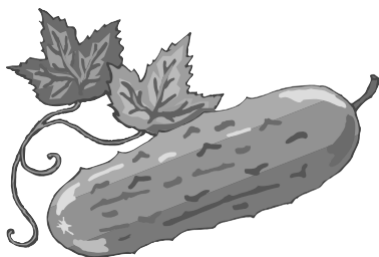
A

R

P

S

O



C

■ Can you think of 10 more fruits and vegetables?

NAME: _____

DATE: _____

LEISURE ACTIVITIES



Questions: *What do you like to do most in your free time? Why?*

- Complete the 15 sentences with the words on the left.



- C** coffee shop *n.*
computer game *n.*
- G** go for a drive *v.*
go for a walk *v.*
- H** hang out *v.*
hobby *n.*
- L** listen to music *v.*
- P** paint *v.*
play soccer *v.*
- R** read *v.*
- S** surf the Net *v.*
swim *v.*
- T** take a nap *v.*
- W** watch TV *v.*
write poetry *v.*

1. Every weekend, my sister and I go to a swimming pool near our home. We love to _____.
2. I don't do anything special in my free time. I just stay at home and _____. I like cooking shows.
3. My cousin likes to _____. You can read her poems in our school newspaper.
4. I have a new computer. I like to _____.
5. My favorite _____ is window shopping!
6. I like to _____ in my car.
7. There's a small _____ near our school. I often have coffee there with my classmates after class.
8. My friends and I just like to _____ together and chat. We like spending time together.
9. I study and I have a part-time job, so I'm usually very very busy. In my free time I like to _____.
10. Do you like to _____? I do. I like to listen to classical, pop, and rap music. Anything, really.
11. I love to exercise and play sports. I especially like to _____ with my friends.
12. _____s are a lot of fun! My brother and I always play them together. I got the high score today.
13. My uncle likes to _____ pictures of animals and plants. They're really beautiful.
14. I like to _____ news magazines.
15. There's a nice park in our neighborhood. My family and like to _____ there every evening.

WORD BANK

Leisure Activities

Aim Supplementary vocabulary building

Level Intermediate

Time Approximately 15 – 20 minutes

ANSWER KEY

My Notes

1. swim
2. watch TV
3. write poetry
4. surf the Net
5. hobby
6. go for a drive
7. coffee shop
8. hang out
9. take a nap
10. listen to music
11. play soccer
12. computer game
13. paint
14. read
15. go for a walk

NAME: _____

DATE: _____

FAST FOOD



Questions: *What is your favorite kind of fast food? How often do you eat it?*

- Complete the 15 sentences with the words on the left.



C calories *n.*
convenient *adj.*

D diabetes *n.*
drive-thru *n.*

K kids' meals *n.*

M menu *n.*

N nutritious *adj.*

O oil *n.*
overweight *adj.*

S salt *n.*
soda *n.*
sugar *n.*

T take-away *adj., n.*
tasty *adj.*

U unhealthy *adj.*

1. A fast food menu offers food such as hot dogs, hamburgers and French fries.
2. Fast food is very _____. You don't have to wait long for the food after you order it.
3. A) What would you like to drink?
B) I'll have a _____, please.
4. Fast food tastes good. It is _____.
5. Fresh fruits and vegetables are _____.
6. _____ makes food taste sweet.
7. I don't have time to eat at the restaurant, so I'm going to order some _____ food.
8. _____ is a serious health problem. It can be caused by eating and drinking too much sugar.
9. French fries are very salty. There is a lot of _____ added to them.
10. Eating fast food very often can make you become fat. It can make you _____.
11. Many parents like to buy _____ for their children.
12. In addition to _____ burgers and fries, some fast food restaurant menus offer healthy salads.
13. People can order food at a _____ window without leaving their cars.
14. You need _____ to fry food.
15. There are over 500 _____ in some cheeseburgers, but only about 100 in an apple.

Aim Supplementary vocabulary building

Level Intermediate to Advanced

Time Approximately 15 – 20 minutes

ANSWER KEY*My Notes*

1. menu
2. convenient
3. soda
4. tasty
5. nutritious
6. sugar
7. take-away
8. diabetes
9. salt
10. overweight
11. kids' meals
12. unhealthy
13. drive-thru
14. oil
15. calories