



# “LESSON PLAN”

## Overview

This lesson is for 4, 5, 6, 7 year old pupils.

## Objectives

- Develop basic motor skills
- Increase English vocabulary about the movements from the book
- The reinforce the language/ideas of the story

## Lesson plan

**Introduction – less than 5 minutes.**

Invite all the pupils to stand in front of you. Take the flashcards and ask the pupils if they like what’s on your card Ask the question ‘Do you like...?’. If they like it, they will run to one side of the PE hall. If they don’t like it, they will run to the other side of the PE hall. If you think that the pupils can handle it, you can invite the pupils to chant ‘I like apples/I don’t like apples’.

**Main - 30 minutes**

### Shopping for fruit

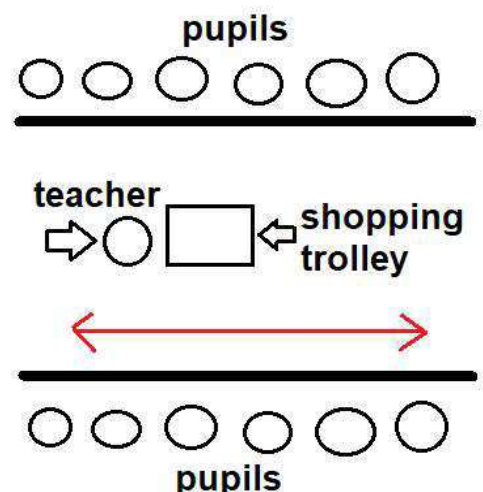
Line half of the pupils up in the PE hall, and the other half of the pupils across from them. The teacher will stand in the middle with a shopping trolley (if you have one). If you don’t have one, you can use a big box. Walk up and down the middle of the rows and ask the pupils

## Materials

- Flashcards
- Hula hoops
- Shopping trolley or box
- Coloured balls

## Vocabulary

- Fruit
- Pineapple
- Apple
- Banana
- Pear
- Grapes
- Watermelon
- Orange
- Lemon
- Cherries
- Lime
- Strawberry





to throw coloured balls into the trolley/box. You can choose to vary in number of pupils throwing at the same time. You can also choose to let different colours balls correspond with different fruit, like red is apple and yellow is banana. Say 1, 2, 3 throw apples! 1, 2, 3, throw bananas!

### Orchard game with flashcards

Divide the pupils into groups of 5. One group will collect all the apples, one group the bananas, and so one. They will have to go through a couple of hula hoops to collect the flashcards. When they run back, they have to tag the next pupils that can start running.



○	○	○	○	○
○	○	hula	hoops	○
○	○	○	○	○
t	t	t	t	t
e	e	e	e	e
a	a	a	a	a
m	m	m	m	m
1	2	3	4	5

### End – under 5 minutes

*Option 1:* Invite the pupils to sit in a circle. Use one of the flashcards to pass around the circle. Say: it's a banana! Ask the pupils to repeat this chant a couple of times. Pass the around the circle by singing:

'Pass the ... around the circle, pass the ... around the circle, pass the ... around the circle, who will it land on?'

The pupil who holds the fruit last, will

*Option 2:* Invite the pupils to sit in a circle. Use one of the flashcards to pass around the circle. The teacher will time how many seconds it takes to pass the card around the circle. Which fruit will the fastest? All the pupils will pass the fruit and they will say the name of the fruit.



*Option 3:* Use a couple of coloured balls to play this game. Invite one pupil sit in the middle of the circle with their eyes closed. Point at a couple of pupils and let them put a ball behind the pupil. They have to do it very quietly. The pupil in the middle of the circle must guess how many apples are behind them.